



MEDIA DOS AND DON'TS

- 1. Avoid speaking spontaneously to journalists on reactive issues; direct them to your organisation's press office or take advice.
- 2. Never speak 'off the record' or 'on background' even if you think you understand these terms.
- 3. Seek advice from professional, trusted communications staff, especially those with 'media relations' or 'press officer' titles.
- 4. If an interview or comment is agreed upon, plan it carefully with the help of an assigned communications team member.
- 5. Familiarise yourself with the publication/programme/website before an interview.
- 6. Short comments should just need sign-off but may also require effort to get right.
- 7. Record or transcribe interviews or calls yourself for a clear record; the communications team may assist with this.
- 8. Correct mistakes during the call or interview, or even afterwards, including post-publication corrections (e.g. on a website).
- 9. Clarify your title and organisation's name, and how and when your input will be used; ask for specific broadcast or publication times.
- 10. Follow up to ensure you have seen the final product and that your communications team and the wider world are aware of it.